

# GYM SCHEDULE FALL 2018



**No full court basketball**

| Sun   | Mon   | Tue  | Wed   | Thu   | Fri  | Sat   |
|---|---|--|---|---|--|---|
| <p><b>GYM A</b><br/>7:00 A.M.-8:30 A.M.<br/>OPEN GYM</p> <p>8:40-9:40 A.M.<br/>GROUP X</p> <p>9:45 A.M. -4:50 P.M.<br/>OPEN GYM</p> | <p><b>GYM A</b><br/>5:30 A.M.-9:00 A.M.<br/>OPEN GYM</p> <p>9:10 A.M.-12:00 P.M.<br/>GROUP X</p> <p>12:05 P.M.-5:50 P.M.<br/>OPEN GYM</p> <p>6:00-7:10 P.M.<br/>GROUP X</p> <p>7:15 P.M.-9:45 P.M.<br/>OPEN GYM</p>   | <p><b>GYM A</b><br/>5:30 A.M.-8:00 A.M.<br/>OPEN GYM</p> <p>8:10-11:10 A.M.<br/>GROUP X</p> <p>11:15 A.M.- 5:30 P.M.<br/>OPEN GYM</p> <p>5:40-6:40PM<br/>GROUP X</p> <p>6:45-9:45 PM<br/>OPEN GYM</p>                              | <p><b>GYM A</b><br/>5:30 A.M.-6:00 A.M.<br/>OPEN GYM</p> <p>6:10 A.M.-7:00 A.M.<br/>GROUP X</p> <p>7:00 A.M.-9:00 A.M.<br/>OPEN GYM</p> <p>9:15 A.M.-11:10 A.M.<br/>GROUP X</p> <p>11:15 A.M-9:45 P.M.<br/>OPEN GYM</p>   | <p><b>GYM A</b><br/>5:30 A.M.-9:45 A.M.<br/>OPEN GYM</p> <p>9:45-11:10 A.M.<br/>GROUP X</p> <p>11:15 A.M.-5:00 P.M.<br/>OPEN GYM</p> <p>5:10-7:15 P.M.<br/>GROUP X</p> <p>7:20 P.M.-9:45 P.M.<br/>OPEN GYM</p>                    | <p><b>GYM A</b><br/>5:30 A.M.-8:00 A.M.<br/>OPEN GYM</p> <p>8:10 A.M.-11:10 A.M.<br/>GROUP X</p> <p>11:15 A.M.-8:45 P.M.<br/>OPEN GYM</p>          | <p><b>GYM A</b><br/>7:00 A.M.-8:45 A.M.<br/>OPEN GYM</p> <p>9:00-10:10 A.M.<br/>GROUP X</p> <p>10:15 A.M.-4:55 P.M.<br/>OPEN GYM</p>                            |
| <p><b>GYM B</b><br/>7:00 A.M.-4:50 P.M.<br/>OPEN GYM</p>  | <p><b>GYM B</b><br/>5:30AM -8:45 A.M.<br/>OPEN GYM</p> <p>9 A.M.-10:00 A.M.<br/>CHILDREN'S<br/>PROGRAMS</p> <p>11:30 A.M.-12:00 P.M.<br/>CHILDRENS<br/>PROGRAMS</p> <p>12:00 P.M.-3:15 P.M.<br/>OPEN GYM</p> <p>3:15P.M. -6:30P.M<br/>CLOSED PRACTICE</p> <p>6:40 P.M.-9:45 P.M.<br/>OPEN GYM</p> | <p><b>GYM B</b><br/>5:30-9:45 A.M.<br/>OPEN GYM</p> <p>10:00-12:30 P.M.<br/>Co-Ed<br/>PICKLEBALL</p> <p>12:30 P.M.-3:15 P.M.<br/>OPEN GYM</p> <p>3:15P.M. -6:30P.M<br/>CLOSED PRACTICE</p> <p>6:40 P.M.-9:45 P.M.<br/>OPEN GYM</p> | <p><b>GYM B</b><br/>5:30 A.M.-8:45 A.M.<br/>OPEN GYM</p> <p>9:15 A.M.-12:00 P.M.<br/>CHILDREN'S<br/>PROGRAMS</p> <p>12:10 P.M.-1:00 P.M.<br/>OPEN GYM</p> <p>1:00-3:00 P.M.<br/>Co-Ed<br/>PICKLEBALL</p> <p>5:00P.M. -8:00P.M<br/>CLOSED PRACTICE</p> <p>8:15 P.M.-9:45 P.M.<br/>OPEN GYM</p> | <p><b>GYM B</b><br/>5:30-9:30 A.M.<br/>OPEN GYM</p> <p>10:00-11:30 A.M.<br/>Co-Ed<br/>VOLLEYBALL</p> <p>11:45 A.M.-3:15 P.M.<br/>OPEN GYM</p> <p>3:15P.M. -6:30P.M<br/>CLOSED PRACTICE</p> <p>6:40P.M.-9:45 P.M.<br/>OPEN GYM</p> | <p><b>GYM B</b><br/>5:30 A.M.-9:45 A.M.<br/>OPEN GYM</p> <p>10:00-12:30 P.M.<br/>Co-Ed<br/>PICKLEBALL</p> <p>12:30 P.M.-8:45 P.M.<br/>OPEN GYM</p> | <p><b>GYM B</b><br/>7:00-4:55 P.M.<br/>OPEN GYM</p>   |
|   |   |  |   |   |  | <p><b>DAILY GYM FEES:</b></p> <p><i>Youth (3-13)</i><br/>Res: \$4.00<br/>Non-Res: \$8.00</p> <p><i>Adult (Over 13)</i><br/>Res: \$6.00<br/>Non-Res: \$10.00</p> |

DURING GROUP EXERCISE CLASSES, NO BASKETBALL IS ALLOWED ON THAT SIDE OF GYM.

FOOTBALL, BASEBALL/SOFTBALL, SOCCER and PERSONAL SPEAKERS ARE PROHIBITED IN THE GYM.

**ADDITIONAL PROGRAMS, BIRTHDAY PARTIES or EVENTS MAY BE SCHEDULED AT ANY TIME. INQUIRE AT THE FRONT DESK.**

**YOUTH SPORTS IS SCHEDULED VARIOUS AFTERNOONS 3:30-6:30PM**