

Niles Family Fitness Center Winter Swim Lessons 2023

Member Registration:	December 12
Open Registration:	December 14
Registration closes:	January 2

Placement Test \$6 testing fee

Tuesday	Dec. 13	5:00-7:00 pm
Wednesday	Dec. 14	5:00- 7:00 pm
Saturday	Dec. 17	9:00-11:00 am
Tuesday	Dec. 20	5:00-7:00 pm

Class Dates and Times

Tuesday 5-5:35pm, 5:40-6:15pm, 6:20-6:55pm **January 3-February 7**
Wednesday 5-5:35pm, 5:40-6:15pm, 6:20-6:55pm **January 4- February 8**
Saturday 9-9:35am, 9:40- 10:15am, 10:20-10:55am, 11-11:35 am **January 7- February 11**
Member: \$74 Non- Member: \$89

Swim Club

Thursday's 4:30-5:45 pm January 6- February 17
Member: \$115 Non-Member: \$130

Varsity Club

Tuesdays 7:00-8:15 pm January 4- February 15
Member: \$115 Non-Member: \$130

Thursday's 7:00-8:15 pm January 6- February 17
Member: \$115 Non-Member: \$130

Learn to Swim

Winter 2023

CLASS	DAY	TIME	SESSION DATES
PARENT TOT	TUESDAY	5:00-5:35 PM	Jan. 3- Feb. 7
	SATURDAY	9:00-9:35 AM	Jan. 7- Feb. 11
TINY TINY TOTS	TUESDAY	5:40-6:15 PM	Jan. 3- Feb. 7
	SATURDAY	9:40-10:15 AM	Jan. 7- Feb. 11
TINY TOTS	TUESDAY	6:20-6:55 PM	Jan. 3- Feb. 7
	WEDNESDAY	5:40-6:15 PM	Jan. 4- Feb. 8
	WEDNESDAY	6:20-6:55 PM	Jan. 4- Feb. 8
Level 1	SATURDAY	10:20-10:55 AM	Jan. 7- Feb. 11
	TUESDAY	5:00-5:35 PM	Jan. 3- Feb. 7
	TUESDAY	5:40-6:15 PM	Jan. 3- Feb. 7
	WEDNESDAY	5:00-5:35 PM	Jan. 4- Feb. 8
	WEDNESDAY	6:20-6:55 PM	Jan. 4- Feb. 8
	SATURDAY	9:00-9:35 AM	Jan. 7- Feb. 11
LEVEL 2	SATURDAY	9:40-10:15 AM	Jan. 7- Feb. 11
	SATURDAY	11:00-11:35 AM	Jan. 7- Feb. 11
	TUESDAY	5:40-6:15 PM	Jan. 3- Feb. 7
	TUESDAY	6:20-6:55 PM	Jan. 3- Feb. 7
	WEDNESDAY	5:00-5:35 PM	Jan. 4- Feb. 8
	WEDNESDAY	5:40-6:15 PM	Jan. 4- Feb. 8
LEVEL 2.5	WEDNESDAY	6:20-6:55 PM	Jan. 4- Feb. 8
	SATURDAY	9:00-9:35 AM	Jan. 7- Feb. 11
	SATURDAY	10:20-10:55 AM	Jan. 7- Feb. 11
	SATURDAY	11:00-11:35 AM	Jan. 7- Feb. 11
	TUESDAY	5:00-5:35 PM	Jan. 3- Feb. 7
	TUESDAY	6:20-6:55 PM	Jan. 3- Feb. 7
LEVEL 3	WEDNESDAY	5:00-5:35 PM	Jan. 4- Feb. 8
	WEDNESDAY	5:40-6:15 PM	Jan. 4- Feb. 8
	SATURDAY	9:40-10:15 AM	Jan. 7- Feb. 11
	SATURDAY	10:20-10:55 AM	Jan. 7- Feb. 11
	SATURDAY	11:00-11:35 AM	Jan. 7- Feb. 11
	TUESDAY	5:40-6:15 PM	Jan. 3- Feb. 7
ADVANCED SKILLS	WEDNESDAY	5:40-6:15 PM	Jan. 4- Feb. 8
	SATURDAY	9:00-9:35 AM	Jan. 7- Feb. 11
STROKE DEVELOPMENT	SATURDAY	11:00-11:35 AM	Jan. 7- Feb. 11
	TUESDAY	6:20-6:55 PM	Jan. 3- Feb. 7
STROKE REFINEMENT	SATURDAY	9:40-10:15 AM	Jan. 7- Feb. 11
	WEDNESDAY	5:00-5:35 PM	Jan. 4- Feb. 8
	SATURDAY	10:20-10:55 AM	Jan. 7- Feb. 11
	TUESDAY	5:00-5:35 PM	Jan. 3- Feb. 7
	WEDNESDAY	6:20-6:55 PM	Jan. 4- Feb. 8

Member Registration: December 12-January 2

\$74 Program Fee

Non- Member Registration: December 14- January 2

\$89 Program Fee

Online or In- House Registration Available!

Nilesfitness.com 847.588.8400