

Niles Family Fitness Center

Fall 1 Swim Lessons 2023

Member Registration:	August 7- September 4
Open Registration:	August 9- September 4

Placement Test	\$6 testing fee	
Tuesday	8/8	5:00-7:00 pm
Wednesday	8/9	5:00- 7:00 pm
Saturday	8/12	9:00-11:00 am
Tuesday	8/15	5:00-7:00 pm

Class Date Range

Tuesday's September 5- October 10

Wednesday's September 6- October 11

Saturday's September 9- October 14

Member: \$74 Non- Member: \$89

Swim Club

Thursday's 4:30-5:45 pm September 7- October 26
Member: \$115 Non-Member: \$130

Varsity Club

Tuesdays 7:00-8:15 pm September 5- October 24
Member: \$115 Non-Member: \$130

Thursday's 7:00-8:15 pm September 7- October 24
Member: \$115 Non-Member: \$130

Learn to Swim

Fall 1 2023

CLASS	DAY	TIME	SESSION DATES
PARENT TOT	TUESDAY	5:00-5:35 PM	Sept. 5- Oct. 10
	SATURDAY	9:00-9:35 AM	Sept. 9- Oct. 14
TINY TINY TOTS	TUESDAY	5:40-6:15 PM	Sept. 5- Oct. 10
	SATURDAY	9:40-10:15 AM	Sept. 9- Oct. 14
TINY TOTS	TUESDAY	6:20-6:55 PM	Sept. 5- Oct. 10
	WEDNESDAY	5:40-6:15 PM	Sept. 6- Oct. 11
	WEDNESDAY	6:20-6:55 PM	Sept. 6- Oct. 11
	SATURDAY	10:20-10:55 AM	Sept. 9- Oct. 14
	TUESDAY	5:00-5:35 PM	Sept. 5- Oct. 10
	TUESDAY	5:40-6:15 PM	Sept. 5- Oct. 10
	WEDNESDAY	5:00-5:35 PM	Sept. 6- Oct. 11
	WEDNESDAY	6:20-6:55 PM	Sept. 6- Oct. 11
	SATURDAY	9:00-9:35 AM	Sept. 9- Oct. 14
	SATURDAY	9:40-10:15 AM	Sept. 9- Oct. 14
	SATURDAY	11:00-11:35 AM	Sept. 9- Oct. 14
	TUESDAY	5:40-6:15 PM	Sept. 5- Oct. 10
LEVEL 2	TUESDAY	6:20-6:55 PM	Sept. 5- Oct. 10
	WEDNESDAY	5:00-5:35 PM	Sept. 6- Oct. 11
	WEDNESDAY	5:40-6:15 PM	Sept. 6- Oct. 11
	WEDNESDAY	6:20-6:55 PM	Sept. 6- Oct. 11
	SATURDAY	9:00-9:35 AM	Sept. 9- Oct. 14
	SATURDAY	10:20-10:55 AM	Sept. 9- Oct. 14
	SATURDAY	11:00-11:35 AM	Sept. 9- Oct. 14
	TUESDAY	5:00-5:35 PM	Sept. 5- Oct. 10
LEVEL 2.5	TUESDAY	6:20-6:55 PM	Sept. 5- Oct. 10
	WEDNESDAY	5:00-5:35 PM	Sept. 6- Oct. 11
	WEDNESDAY	5:40-6:15 PM	Sept. 6- Oct. 11
	SATURDAY	9:40-10:15 AM	Sept. 9- Oct. 14
	SATURDAY	10:20-10:55 AM	Sept. 9- Oct. 14
	SATURDAY	11:00-11:35 AM	Sept. 9- Oct. 14
	TUESDAY	5:40-6:15 PM	Sept. 5- Oct. 10
	WEDNESDAY	5:40-6:15 PM	Sept. 6- Oct. 11
LEVEL 3	SATURDAY	9:00-9:35 AM	Sept. 9- Oct. 14
	SATURDAY	11:00-11:35 AM	Sept. 9- Oct. 14
ADVANCED SKILLS	TUESDAY	6:20-6:55 PM	Sept. 5- Oct. 10
	SATURDAY	9:40-10:15 AM	Sept. 9- Oct. 14
STROKE DEVELOPMENT	WEDNESDAY	5:00-5:35 PM	Sept. 6- Oct. 11
	SATURDAY	10:20-10:55 AM	Sept. 9- Oct. 14
STROKE REFINEMENT	TUESDAY	5:00-5:35 PM	Sept. 5- Oct. 10
	WEDNESDAY	6:20-6:55 PM	Sept. 6- Oct. 11

Member Registration: August 7- September 4
 Non- Member Registration: August 9- September 4

\$74 Program Fee
 \$89 Program Fee

Online or In- House Registration Available!
 Nilesfitness.com 847.588.8400