

HAVE YOUR BIRTHDAY PARTY AT THE NILES FAMILY FITNESS CENTER!

SPLISH SPLASHIN' FUN POOL PARTY

Enjoy free play in the pool including use of the waterslide, interactive spray fountains, and "lazy river" for splish splashin' fun! All party guests entering the pool area must be in proper swim attire.

SPORTS-GALORE PARTY

(recommended for ages 5 and up)

This party will keep your guests moving. Basketball, Soccer and Dodgeball are just a few of the sports your child can choose from. Along with sports, our party hostesses can lead your guests with playground games like Tag, Sharks and Minnows and Four Corners. The options are endless. Let us customize your Sports-Galore party to meet your needs.

TOTS-A-TUMBLING

(recommended for ages 4 and under)

For our smaller guests, we offer our mats and tumbling equipment for your guests to jump, climb and roll around with. Take a walk on the balance beam or swing from the parallel bar. Scooters, balls and hoola hoops will be available to keep the party going.

CRAFTY CREATION

Does your child like to be crafty? Choose from Rainbow Loom bracelets, sand art jars or paper crafts. We provide the supplies, party guests provide their imagination.

SLIME TIME!

It's time to get your hands dirty with our hands on science experiments. Guests will make their own slime that they can take home. As a group we will make chocolate playdough and end with each guest making their own mini-cup volcanoes.



PACKAGE PRICES:

Members: \$179.00

Non-Members: \$199.00

Includes up to 15 children

**Birthday Child FREE!*

Additional Party Guest Fees:

Each additional child: \$10

1 parent Free for every 2 children

Each additional parent: \$5.00

ALL PARTY PACKAGES INCLUDE:

- ◆ Private Party Room
- ◆ Party host to lead activities
- ◆ Colored tablecloths
- ◆ Punch
- ◆ 6" white cake plates, cups, napkins, forks & spoons
- ◆ All service utensils
- ◆ FREE Next Visit Swim Pass for each paid child. **May NOT be used same day as party.**
- ◆ *1 Free birthday child per party

Party Info

Party Time Options:

Fridays: 4-6pm or 6:30-8:30 pm

Saturdays and Sundays:

12-2 pm or 2:30-4:30 pm

- ◆ 2 Hours in Length
- ◆ Parties must be booked 2 weeks in advance.
- ◆ Payment in full is required at the time of reservation.
- ◆ Cancellations: \$25 change/cancellation policy fee after booking. Parties cancelled with less than 2 weeks notice will forfeit 50% of deposit.
- ◆ Party Room Capacity: 40 total guests
- ◆ Guest will participate in the chosen activity for 75 minutes and 45 minutes in the party room.

Food Options:

Feel free to order pizza from any vendor. Our party hostesses can assist with recommendations.

Finger foods, cake, cupcakes, snacks and additional drinks are welcomed.

Advance notice needed for ice cream cakes.

NO CHEESE BALLS OR POPCORN

BIRTHDAY PARTY RULES AND REGULATIONS

POOL PARTY RULES

All pool users must be in an approved swimsuit to enter pool area.

Parent to child ratios: Children 6 years and under must have a parent-to-child ratio of 1:3,

Children 7-9 years must have a

parent to child ration of 1:5 in the pool. No exceptions.

Lifeguards on duty may ask parents or guardians to enter water with children if deemed necessary.

Parents not swimming or wearing approved suits will be asked to observe from the lobby area.

All children not potty trained must wear an approved swim diaper.

Minimum height requirement for the slide is 44 inches.

No street shoes allowed on deck.

No flotation devices allowed.

No diving allowed.

Running, pushing, dunking or rough behavior in the pool, locker rooms, or pool deck is prohibited.

Please have each child bring his or her own towel.

GYM PARTY RULES

Athletic shoes and shirts are required for entrance.

Bare feet, stocking feet, or sandals are not permitted in the gym.

Dunking basketballs or hanging on rims is not permitted.

Gum, food, and beverages are not permitted in the gym.

GENERAL RULES AND GUIDELINES

No alcoholic beverages are permitted. The Fitness Center is a smoke free facility.

Fighting, profanity, or abuse of NFFC property is prohibited.

The person booking the party must be present at all times and is personally responsible for the conduct of all guests.

Birthday Parties are 2 hours in length, including set-up and clean-up. Payment for additional guests must be paid the day of the party.

Parent/Child Fee: 1 parent free for every 2 paid children. Any parent over the parent/child ratio is \$5.00 for each parent.

Food is limited to pizza and finger foods.

No cheese balls and popcorn

No confetti

No piñatas

I agree to abide by all Birthday Party rules and policies as stated above:

Signature

Date

NILES FAMILY FITNESS CENTER

REQUEST PARTY DATE: _____

BIRTHDAY PARTY REQUEST FORM

REQUEST PARTY TIME: _____

987 Civic Center Drive, Niles IL 60714

MEMBER: Yes No

Main: 847-588-8400

Fax: 847-588-8451

Email: fitnesscenter@vniles.com

PARENTS NAME: _____ D.O.B. _____

Email: _____

DAY PHONE: _____ EVENING PHONE _____

ADDRESS: _____ City _____ Zip Code _____

CHILD'S NAME: _____ Age _____ MALE FEMALE

PARTY TYPE: (please circle)

Pool Sports-Galore Tots- A- Tumbling Sime Time! Crafty Creations

SPECIAL INSTRUCTIONS: _____

BIRTHDAY RESERVATION FEE:

Member Fee (\$179.00) \$ _____

NUMBER CONFIRMED: Child _____ Adult: _____

Non-Member Fee (\$199.00) \$ _____

ADDITIONAL FEES TO BE FILLED OUT DAY OF PARTY

Additional Child Fee (\$10 after 15) \$ _____

Additional Adult Fee (\$5 after 1 parent to 2 child ratio) \$ _____

TOTAL AMOUNT DUE: \$ _____



AMOUNT PAID: \$ _____

DATE PAID: _____

STAFF INIT: _____

- ◆ Cancellation Policy. \$25 change/cancellation fee after booking.
- ◆ Parties cancelled with less than 2 weeks notice will forfeit 50% of deposit.
- ◆ All guests entering Pool Area must be in appropriate swimming attire
- ◆ If you are booking a Pool Party and the pool needs to be CLOSED due to unforeseen circumstances, you will be given the choice of a different themed party (Sports-Galore or Slime Time) with a refund of \$50.00 or you can reschedule your party for a different date. If you choose NOT to have your party a full refund will be provided.

SIGNATURE: _____

DATE _____

Birthday Party FAQ's

How can I book a birthday party?

Birthday parties must be booked in person. Any of our front desk staff can assist you in booking a birthday party.

How much advance notice is needed to book a party?

We need a 2 week notice for all birthday party bookings.

Can I save a party date over the phone?

No, unfortunately we cannot save a date over the phone. You must come into the fitness center to book your party and payment in full is required.

How many party guests can I have?

We recommend that parties be limited to 40 total party guests. That includes children and parents.

What if my party is larger than 40 guests?

Unfortunately, we do not have additional rooms for parties. Though the room has a dividing wall, it will not be opened for parties. The other room is used for aerobic activities only.

How early can I arrive to set up for my party?

You may arrive 15 minutes early to meet with your hostess and set up before your party guests arrive. Your party guests should plan to arrive at the party start time.

How late can I stay after our party?

Our parties are scheduled to give our cleaning crew time to get ready for the next party or to do their final cleaning of the night. Unfortunately, we cannot extend your party time.

Can a party be longer than 2 hours?

No. Parties are kept to the 2 hour limit.

Will I receive a phone call prior to my party?

On the Wednesday before your party, you will receive a phone call to confirm the number of children, the number of adults, to see what colored table cloths the birthday child would like and to answer any other questions. Please leave us your cell phone # on your contract.

Are balloons allowed?

Yes, balloons are allowed.

Can I have a piñata?

No, unfortunately we do not allow piñatas at the party.

Can I bring an ice cream cake?

The fitness center does not have a large enough freezer to accommodate an ice cream cake. If your birthday child is set on having an ice cream cake, advanced notification is needed so that we can make arrangements with the Senior Center to use their freezer.

What size cake can fit in the refrigerator?

Our refrigerator can hold a Costco sized sheet cake.

Can I use the stove/oven in the kitchen?

No, the stove/oven in the kitchen is for staff and programs only.

Are sterno burners (catering warming gel) allowed?

For safety reasons, the fitness center does not allow open flames (except for the birthday candles) to be used in the facility.

Can I bring toys or floaties in the pool?

No, pool toys and floaties are not allowed in the pool during open swim. The pool does provide water basketballs to use at the basketball hoop.

Do we pay for pizza now or later?

Pizzas can be ordered the day of your party. The party hostess can help you with ordering. We do not cook the pizzas. They can be ordered by any vendor and be delivered to the fitness center. You can also choose to pick them up yourself.

How many life guards are on duty?

There are 3 lifeguards on duty during the party time.

Is the pool only for our party?

No, the pool is open for open swim during the party time.

Is there a bin or cart I can use to carry my stuff to the car?

Yes, the fitness center does have large bins that you can use to wheel your items to and from the car.

What is a science party?

Using household items, party guests will make their own slime, a mini cup volcano and chocolate scented play doh. The party hostesses will lead all the science activities.

What kinds of games are played in the gym?

Your child can choose from soccer, dodgeball, basketball, floor hockey and more. Our hostesses will help suggest activities the day of your party.

Will the hostess play games with the children in the gym?

Yes, our party hostesses will organize and lead games/activities in the gym with the party guests. They may need the parents help to organize teams or keep the party guests on task.

How many hostesses do I get?

For pool parties, typically 1 hostess, Gym parties, typically 2 hostesses and science and bracelet parties may need 3 hostesses. It also depends on the number of party guests.

How much time does the party spend in the pool or gym?

Guests will usually spend 1 hour and 15 minutes in the pool or gym leaving the remaining 45 minutes for changing (if they are in the pool), eating and cake.

Do the party guests eat before or after the activities?

For all parties, guests will do the activity first and then go to the party room to eat and have cake.

Do party guests need to bring their own towel?

We ask that they do but if they forget we do have towels in the locker rooms they can use.

What does the NFFC provide?

We provide you with

6" white cake plates

Forks, Spoons, Napkins, 9oz clear cups, Red fruit punch

Colored table cloths (your choice of red, orange, yellow, green, blue, purple)

Serving wear and utensils

Lighter to light the candles

The Fitness Center is a smoke free environment. There is no opening the emergency exit door located inside the party room to smoke.

No Alcohol is allowed at the Fitness Center.