

# Progress Report

Spring 1999

The Official Newsletter of the Village of Niles

From the desk of Mayor Nicholas B. Blase ~

Niles Village government is always conscious of the amount of money which we have to spend to economically operate our services. A recent survey done by the City of Park Ridge establishes the fact that, other than the Village of Schaumburg, which has a huge retail tax base, the Village of Niles receives less money from its residents for taxes and other fees than all of the other communities surveyed.

We are proud of this fact and will continue to do everything we can to keep the cost of running government as reasonable as possible.

## ANNUAL REVENUES RECEIVED FROM AVERAGE HOME

	Licenses * vehic./dog	Garbage Charge **	Recycle. / Yard Wst.	Water Bill	Utility Tax	City Sewer	Total Property Tax ***	Total Direct Payments	Position
Assumptions for Sample Family		104 Bags Yearly	12 Bags Yearly (YW)	97,000 Gallons	\$3,260 Yearly		\$40,000 EAV		
Oak Park	\$45 / \$7	\$107.40	\$23.16/19.8	\$240.56	\$163.00	\$117.37	\$896.40	\$1,619.33	1
Arlington Hts.	25 / 10	242.04	0 / 15.60	356.96	0	31.04	574.80	1,255.44	2
Naperville	0 / 4	0.00	0 / 1.35	291.95	177.60	241.36	358.96	1,071.31	3
Des Plaines	25 / 3	105.00	32.88/15.00	257.54	40.20	0	438.40	966.30	4
Park Ridge	30 / 8	0.00	0 / 0	250.98	175.55	0	495.60	960.13	5
Mt. Prospect	36 / 5	0.00	0 / 21.00	301.67	65.20	31.04	488.16	949.04	6
Wilmette	40 / 5	0.00	0 / 24.00	114.17	163.00	226.98	367.20	940.31	7
Downers Grove	0 / 0	156.00	0 / 18.00	298.26	74.98	210.11	208.72	888.23	8
Northbrook	30 / 10	163.68	0 / 18.00	291.00	0	53.35	298.00	864.03	9
Skokie	10 / 5	0.00	0 / 12.00	175.07	11.40	0	582.00	795.47	10
Niles	15 / 0	0.00	0 / 12.00	266.75	97.80	0	158.00	549.55	11
Schaumburg	17 / 2	124.20	0 / 0	319.29	5.70	41.71		509.90	12
Mean	\$22.75 / \$4.92	\$112.25	\$28.02 / \$13.06	\$226.01	\$81.20	\$135.16	\$374.33	\$812.07	

\* The following municipalities offer a senior discount for vehicle licenses: Oak Park, Arlington Hts., Mt. Prospect, Wilmette, Des Plaines, Northbrook, Schaumburg, and Niles.

\*\* Assumes once per week pickup where alternative levels of garbage service are available.

\*\*\* It is possible that homes are assessed differently by county. However, in this report it is assumed that all were assessed equally after application of the state equalization factor. Reassessments are not made in the same year for all participants which can create some degree of inaccuracy for the property tax comparison.

## Important Information Inside:



- \* Centennial Activities highlighted.
- \* Branch & Yard Waste Programs.
- \* Senior and Family Service Programs.
- \* 1999 Leaning Tower Concert Schedule – free and fun for the family.
- \* Citizen's Police Academy Program.
- \* Fitness Center information. Every-body needs to be fit! Join today.

# Thank you to our Centennial Corporate Sponsors!

## Gold Sponsors

W.W. Grainger ~ \$25,000

Ha-Lo Corporation ~ \$12,500

Centerpoint Properties ~ \$12,500

## Silver Sponsors

Coca Cola Bottling Company ~ \$7,500

Fort Dearborn Lithograph~ \$7,500

Grand National Bank~ \$7,500

Groot Recycling & Waster Services~ \$7,500

## Other Centennial Sponsors, \$2,500 and under

Adams Elevator Company	Nimlok Company
Alva Amoco Pharmacal Co.	Northwestern Industrial Piping
Automotive Seal Corp.	Park National Bank & Trust
Bankier Companies Inc.	Parkway Bank
Emergency Business Form	Revere Mills
Exsel Exhibit Selection Center	Rich Products
Firststar Bank	Shotzee's Bar & Grill
Hi Kahng Trading Company	Sternberg Lanterns, Inc.
International Golden Foods	Stimsonite
Jarke Corporation	Superior Bank FSB
Landmark Ford	Swiss Precision Machining, Inc.
Lewis Spring & Manufacturing	Synchro-Start Products, Inc.
Medical Screening Services, Inc.	Tetra Company
Midwesco Corp.	Universal Casualty
Mohawk Manufacturing	Universal Press, Inc.
MPC Products	Vapor Heating Supply Co.
Nabisco Co.	World Wide Fittings Corporation
National City Bank	

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# 1999 LEANING TOWER CONCERT SERIES

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~ FREE ~ FREE ~ FREE ~ FREE ~ FREE ~ FREE ~ FREE ~

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EVERY THURSDAY, June 24 — August 26, 1999

7:00 P.M. — 9:00 P.M.

LEANING TOWER PLAZA

*Bring your own lawn chair ~ Enjoy food, fun, and music!*

Call the Village for more info.: (847) 588-8000

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**June 24, 1999**      **Enzo Incandela**

He's delighted the crowd for three years and he's back! The audiences can't resist singing, laughing, and clapping to the brilliant Italian music performed by Enzo and his assistant.

**July 1, 1999**      **The Connexion**

The Connexion is a seven-piece band with two lead female vocalists, guitar, bass, drums, keyboards/trumpet and keyboards/sax. Do the electric slide, the macarena, and dance all night.

**July 8, 1999**      **Mr. Myers**

Mr. Myers blends the tropical sounds of Calypso, the rhythms of Reggae and a little Rock n' Roll with some favorite classic tunes to create their own special style of Caribbean rock.

**July 15, 1999**      **Waterloo German Band**

The crowd was dazzled at the 1998 concert, and the captivating Germans are back. Enjoy German waltzes, polkas, and more. Contests and games for the entire family.

**July 22, 1999**      **Buffalo Shufflers**

They're back by demand! Sing-a-longs, instrumentals, novelty tunes and endless fun. An ensemble of five versatile musicians, they perform on banjos, tuba, trombone, keyboards and washboards.



**July 29, 1999**

**Meisner Magic**

Join the father and son team for another year of fun, laughs, and good polka music ~ Meisner Magic!

**August 5, 1999**      **Two one-hour concerts: (1) Andy Head, (2) AC Rock**

Andy's outrageously funny display of juggling, musical comedy, unicycle, stilts act performance art and audience participation is sure to leave everyone rolling in their seats.

AC Rock is a 4 piece group that performs music of the 60's, 70's, and 80's a cappella style.

**August 12, 1999**      **Joel Daly and the Sundowners**

WLS-TV's Joel Daly has lots going on – news anchor, lawyer, and country western yodeling' music performer. The Sundowners is an eight-member country western group with a specialty in yodeling!

**August 19, 1999**      **Maxwell Street Klezmer Band**

"Soul Music" of America's Russian-Jewish immigrants. Back by popular demand — nine (9) instrumentalist-vocalists will dazzle you once again this year.

**August 26, 1999**      **Battle of the Bands**

Come support our youth musical talents. All interested *high school musical acts* are encouraged to register for this battle of music. Audience members will be the judges. All types of musical acts will be performing at this Battle of the Bands.

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# ***NILES CELEBRATES 100 YEARS AT THE CENTENNIAL COMMENCEMENT DINNER***

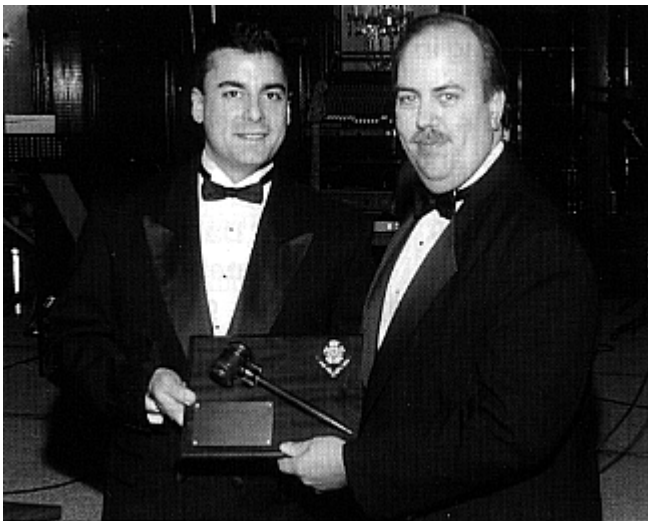
*January 29, 1999 at the Chateau Ritz. More than 650 people attended the event that was organized by the Niles Chamber of Commerce and Industry.*



The Franz Benteler Orchestra dazzled the crowd at the Centennial Dinner. The Orchestra will perform again at the October 16, Grand Finale Centennial Celebration – organized by the Village of Niles.

Watch for announcements in the summer Progress Report.

Pictured to the right is the Mayor, Board of Trustees, Village Manager, and their partners.



Pictured above is outgoing Niles Chamber President Michael Kelly, LaSalle Bank accepting an award from the 1999-2000 Niles Chamber President, Dr. Paul Santangelo, Niles Foot and Ankle Center

*Terrific work by Denise McCreery,  
Executive Director, the Chamber  
staff, Board, and Centennial  
Committee.*

Photos provided by One Hour Moto Photo, Village Crossing Shopping Center, Niles.

**GOALS ARE DREAMS WITH DEADLINES.  
COMMIT TO BE FIT !**



**NILES**

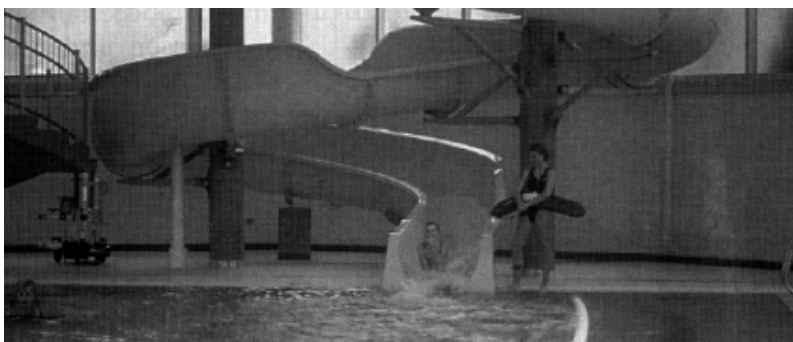
**Family Fitness Center  
Memberships on sale NOW!**

For more information call:  
**(847) 588-8400**

or visit our Web site at: [www.vniles.com](http://www.vniles.com)



**Pictured is the Niles Fitness Cardio-Center.**



**Fitness Center Pool: Enjoy the water slide, water aerobics, lap swimming, zero-depth water area for children and adults.**

**UPCOMING  
CENTENNIAL  
PROGRAMS**

**!!! 100 YEARS !!!**

**Tuesday, March 23**

Junior High Essay Contest  
Mock Village Board Meeting  
7:00 p.m., Admin. Building.

**Sunday, April 25**

1:00 p.m. – 5:00 p.m.  
Senior Center Open House  
999 Civic Center Drive, Niles

**July 4, 1999**

Independence Day Parade &  
festivities.

**July / August**

Leaning Tower Concerts  
7–9 p.m., Thursday evenings  
Leaning Tower Plaza – FREE!

**Sunday, August 22**

Golf Mill Ice Cream Social &  
Fire Department Safety Day.

**Tuesday, August 24**

Actual Centennial Date  
Admin. Bldg. Open House

**Sunday, August 29**

5K Fun Run/Walk  
Niles Family Fitness Center

**Friday, October 1**

Senior Center Dinner Dance

**Saturday, October 16**

Grand Finale Celebration  
Dinner Dance  
White Eagle Banquets

The Village will not be coordinating a Millenium New Years Eve party. All residents and their guests are encouraged to celebrate the 100 years of history, and new millenium at the Grand Finale Celebration on October 16, 1999.

## PARENTS, TEENAGERS, AND THE LAW

### PARENTAL RESPONSIBILITY:

As a parent or guardian, you are legally responsible for your child's behavior. For example, you are liable for a child under the age of 21 who is permitted to consume alcohol at your residence and after leaving your premises causes injury to an individual or damage to property.

### A MESSAGE TO PARENTS:

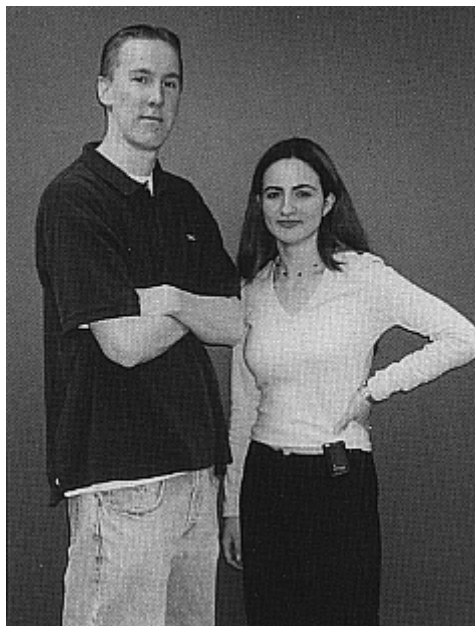
Parenting may be one of the most difficult challenges that you face in your life. Knowing the rules and the consequences for breaking the rules can help you and your child. This information provides information and answers to some questions you may have concerning the law and your child. We hope it provides an opportunity for open discussion between you and your children.

### CONSEQUENCES:

Teens and their parents should understand that when a violation of the law occurs, there are consequences. At the age of 17, teens are considered adults in Illinois, and in certain instances, can be charged with criminal offenses requiring the posting of a cash bond and an appearance in criminal court. Juveniles under the age of 17 may be Station Adjusted, referred to the Peer Jury or the Juvenile Court. The violation of a statute or ordinance may result in the issuance of a citation, which requires a court appearance. A court appearance may have a range of outcomes, which may include community service, court supervision, the payment of a fine, the suspension of driving privileges, restitution or even a criminal conviction.

### Alcohol

- It is against the law for any person under the age of 21 to consume, purchase or possess alcohol.
- Parents may be held responsible if their children consume, possess or purchase alcohol.
- The use of false identification to purchase alcohol is against the law. No adult may purchase alcohol for anyone under 21.
- No owner or occupant of any premises in Niles shall permit a person under 21 to possess or consume alcohol on the premises.



Pictured are Michael Grochocki and Denise Jarjosa of Niles.



### Drugs & Paraphernalia

- State law mandates that no person may knowingly possess, manufacture, sell, or deliver any controlled substance.
- The law prohibits any person from growing, possessing, selling, giving away, delivering or distributing marijuana.
- The possession, sale or delivery of drug paraphernalia is also prohibited.

### Tobacco

- It is against the law for anyone under the age of 18 to smoke tobacco in the Village of Niles.
- No minor under 18 shall buy any tobacco product. The use of false identification to purchase tobacco is also an offense.
- No adult may purchase tobacco products for anyone under 18.
- It is unlawful for vendors to sell tobacco products to any person under the age of 18.
- Parents may be held responsible for a violation and may be required to make a court appearance and pay a fine.

### Curfew

- Unless accompanied by a responsible adult, children under the age of 17 must be home between 10:30 p.m. and 6:00 a.m. However on Friday and Saturday curfew begins at 11:30 p.m.
- Parks in Niles close at 10:00 p.m.
- Parents and teens should be aware that other communities may have curfew laws more restrictive than Niles.

### Vandalism & Graffiti

- No person shall knowingly or recklessly damage or cause to be damaged any property of another person.
- Parents may be held responsible for any act of vandalism or criminal damage committed by their minor child.
- As a parent you may be required to make a court appearance and may be ordered to make restitution.

### Fireworks

- It is unlawful for any person to possess or discharge fireworks in the Village of Niles and the State of Illinois.
- Some examples of fireworks are: devices in which explosives are used, Roman candles, sparklers and other similar devices.

### Weapons

- State law prohibits anyone from carrying a concealed (on or about their person) pistol, revolver, or other firearm, metal knuckles, throwing stars, knives or other dangerous weapons.
- In the Village of Niles, it is unlawful for any person to fire or discharge a gun, pistol or other firearm.
- All weapons are prohibited in Niles schools. This includes knives of any length and toy guns.

### School Truancy / Trespassing on School Property

- Pagers are prohibited in Niles schools and may be subjected to seizure.
- No medications, including aspirin, may be brought to school unless they are to be dispensed by the school nurse.
- School District policies and State law require children under the age of 16 to attend school.
- Parents may be held criminally responsible for truant children.

### Driving Privileges

- As a parent, you may be required to appear in court for your minor child that receives a citation for a violation of a traffic law.
- The driver's license of a 16 year old is not valid after curfew.
- If you are under the age of 18, you may lose driving privileges for violation of various laws related to drugs, alcohol or violating other statutes.
- A child's drivers license can be revoked if convicted of transporting or possessing alcohol or violating drug laws while in control of a motor vehicle.

## CONTACT AGENCIES

For more assistance, feel free to contact one of the organizations listed below:



**Village of Niles  
Niles Family Service**  
999 Civic Center Drive  
Niles Illinois, 60714  
847-588-8460

**Village of Niles  
Niles Police Department**  
7200 Milwaukee,  
Niles, Illinois 60714  
847-588-6500

**Turning Point Behavioral  
Health Care Center**  
8324 Skokie Blvd., Skokie  
847-933-0051

**Niles Park District**  
6676 Howard Street  
Niles, Illinois 60714  
847-967-6633

**Response Center**  
9304 Skokie Blvd.  
Skokie, Illinois. 60077  
847-676-0078

Information provided by the  
Village of Skokie

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## THE SANDWICH GENERATION

Tuesday, April 7<sup>th</sup>, 7:00 pm – 9:00 pm  
Niles Family Services and Senior Center



Are you facing the demands of caring for your aging parents? At the same time, are you absorbed with caring for your children? How do you decide whether to spend the evening at home with your children or assist your aging parent to ensure they receive appropriate help and assistance? No matter what choice you make, do you feel as though someone in your family is getting the short end of the stick? If that is your dilemma, you are part of the *Sandwich Generation*.

Do you ever feel that you don't have the time to take care of yourself? But if you don't take care of yourself, how can you have the energy to take care of others. Let us help. Come and let us take care of you for an evening. Helpful tips, interesting talk, refreshments, and lots of support will be provided.

We'll be meeting on Tuesday evening, April 7<sup>th</sup>, from 7:00 pm to 9:00 pm at Niles Human Services, 999 Civic Center Drive, directly behind Village Hall. The evening is cosponsored by Niles Family Services and Niles Senior Center. Call Janis Battle at 847/588-8460 to register.

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## VISIT THE VILLAGE OF NILES WEBSITE!

The Village of Niles website is a great source of information about many Village services. Visit the website at [www.vniles.com](http://www.vniles.com) and check out Centennial Information, upcoming programs and activities, government links, meeting calendars, information on the Niles Family Fitness Center and much more.

Access information about the Village of Niles from your home computer or anywhere in the world! Visit [www.vniles.com](http://www.vniles.com) today!

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## THE FIRE DEPARTMENT NEEDS YOUR HELP

In the spirit of public service, the Niles Fire Department is committed to providing emergency medical service to community and business residents. Two mobile intensive care units are staffed and available, ready to administer life-saving treatment in the most critical, life-threatening emergencies. In order to best meet the needs of the community, Niles residents are reminded that emergency medical service is intended to convey only those individuals who are in immediate need of aid and transportation. According to Fire Chief Kinowski, the paramedics are responding to an ever-increasing workload of non-emergency requests. Non-emergency calls such as transportation to a doctor's office for routine health care can be provided by a private transportation service. Please assist the Fire Department in providing our community with the best emergency medical service possible by limiting your requests for assistance to emergency situations only. Any questions can be directed to the Fire Department at 847-588-6800.

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## BEWARE OF SOLICITORS

The Niles Fire Department wishes to alert Niles residents that no person or organization has been authorized to solicit funds on behalf of the fire department. Many residents have contacted the fire department recently stating that they have received telephone solicitations for a variety show in which the proceeds would assist the firefighters.

The Fire Department warns residents to be aware that these **solicitors do not represent any department within the Village of Niles.**



**HAVE YOU CHECKED  
YOUR  
SMOKE DETECTOR  
LATELY?**

**DO IT NOW ~  
IT COULD SAVE YOUR LIFE!**

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## AFTERNOON AT THE NILES SENIOR CENTER

Sunday, April 25<sup>th</sup>, 1:00 pm – 5:00 pm

1999 is not only the 100<sup>th</sup> anniversary of the Village of Niles but it is also the 25<sup>th</sup> anniversary of the Senior Center. Please join us on Sunday, April 25, 1999 – A Seniors' Special Day. Join us as we show off our new senior center and its wonderful programs, and meet our dynamic seniors.

Find out what we do! See displays showing our activities. Watch demonstrations of painting, quilting, and ceramics. Participate in line dancing. Enjoy performances by our Choral group, Kitchen Band, Drama group, Square Dancing, and Tap Dancing. Have a chance to talk with the seniors and hear firsthand about how much fun we have. Hear about our health screening, prevention programs, and medical lending closet. Learn about our support services, such as Meals on Wheels, Medicare, and tax assistance. Find out how you can find assistance when *you* need it. **Whether you need help or want to volunteer to help others, Niles Senior Center is for you.**

Whether you want to come to the senior center every day or once a month, there is something here for you. Would you like to have a light lunch and see a recent movie with a group of your friends? Would you like to cook like a gourmet? Would you like to have lunch and listen to an interesting speaker as part of the Men's group or the Women's group? Or would you just like to come in and play a little pool or play cards with just a few people? Take a computer course? Stop in for more exciting information.

Please join us on Sunday, April 25<sup>th</sup> to find out about these and other activities. What a wonderful way to spend a Sunday afternoon. To meet with old friends, to maybe make new ones....not to mention *refreshments and some surprises!*

## JOIN THE CITIZENS POLICE ACADEMY



Mark your calendar, the Niles Police Department is hosting another session of the *Citizens Police Academy* beginning in September, 1999.

The Citizens Academy meets on Tuesday evenings from 6:30 p.m. to 9:30 p.m. Participants must be over 21, Niles residents, be committed to the 10 week program, and pass a background check. Participants receive training in several areas of Law Enforcement, evidence, domestic violence, DUI, use of force, firearms training, and will "ride" with an officer on patrol.

The Citizen Police Academy Program is offered once every year. For further information or to complete an application, contact Sgt. John Fryksdale #51 at (847) 588-6506.

Below is a photograph of the "Enlightened Eleven" — graduation photo of the November, 1998 class.



Pictured Front Row left to right, Wm. Miller, Roy Bobowski, Sophie Laske, Wm. Kasper, Terry Matelse, Matt Ungaro.

Back row, L to R, Cmdr. Charles Giovannelli, Adolph Foss, Donald Waser, Edgar Burgos, Gerry Menard, Sgt. Roger Wilson, Sgt. John Fryksdale.

## BRANCH PICKUP SERVICE



The 1999 branch pickup service will **begin the first week in April**. The program will work as follows:

- Branches must be *less* than 10 inches in diameter.
- Branches must be tied in bundles no more than 18 inches in diameter and 4 feet in length (one person must be able to lift the bundle).
- No stumps, roots, or attached dirt will be accepted.
- The branch pickup service will run from April through September, 1999.
- The Village will be divided east and west along Milwaukee Avenue for branch pickup. Residents **living east of Milwaukee Avenue** must place their branches on **the curb on the first Monday of the month**. Residents **living west of Milwaukee Avenue** must place their branches at the **curb on the last Monday of the month**.
- Branches must be put out at the front curb on the listed Monday morning and **will be picked up during the week - Monday pick-up is not guaranteed (no alley pickup)**.

### Any questions?

Contact the  
Public Services Department,  
(847) 588-7900

On the appropriate Monday, simply place the branches at the curb in front of your home (no alley pickup). **Any branches in excess of 10 inches in diameter will not be accepted by Village crews.** Larger logs and branches should be bundled and disposed of by a tree service company or landscaper, hired by the homeowner.

*Detach the following schedule and post in a common area in your home:*

## 1999 BRANCH PICKUP SCHEDULE

**Residents living EAST of  
Milwaukee Avenue**  
(First Monday of the month)

Monday, April 5  
Monday, May 3  
Monday, June 7  
Tuesday, July 6  
Monday, August 2  
Tuesday, September 7\*

\* Monday is a legal holiday.

**Residents living WEST of  
Milwaukee Avenue**  
(Last Monday of the month)

Monday, April 26  
Tuesday, June 1\*  
Monday, June 28  
Monday, July 26  
Monday, August 30  
Monday, September 27

\* Monday is a legal holiday.

## 1999 GARBAGE HOLIDAYS

As a reminder, garbage service is delayed by one day for the following holidays:

- May 31 – Memorial Day
- Sept. 6 – Labor Day
- Nov. 25 – Thanksgiving Day

If your garbage pickup is usually on Thursday, pickup will be on Friday. Residents with Friday pickup receive garbage and recycling collection service on Saturday.

While the pickup schedule is usually changed due to Independence Day, Christmas Day and New Year's Day (January 1, 2000), since these holidays fall during the weekend, the pickup schedule will remain on Thursday and Friday. Should you have additional questions, you may contact Groot Recycling and Waste Services at (800) 244-1977.

## EARTH DAY IS APRIL 22, 1999



Attitudes are contagious. STRIVE TO LIVE IN A BETTER WORLD and spread the word ~ you can make a difference.

Plant a tree, pick up any litter in your neighborhood, buy recycled products, avoid using aerosol cans — make a conscious effort to help save our earth!

## THE 1999 YARD WASTE PROGRAM

The yard waste program will begin the first week of April. Yard waste, (e.g. grass clippings, leaves, plant clippings, brush) must be separated and placed at the curb on the same day as your garbage pickup. The Village recommends mulching your grass. Mulching the grass clippings on your lawn provides nitrogen for the grass, helps retain moisture, and cushions the lawn.

Residents who place their yard waste at the curb need to adhere to the following guidelines (the directions are also printed on the back of each sticker):

- Residents are required to purchase a sticker and place it on the handle of a designated 32 gallon (standard size) garbage can – alleviating the need to buy a Kraft yard waste bag. The container should weigh no more than 50 lbs.

Residents may also place the sticker on any yard waste bag. Plastic bags and boxes are not allowed.

- Residents can place an unlimited amount of yard waste at the curb on their regular garbage pickup date – provided a sticker is attached to each container or bag. The sticker will be removed by the garbage pickup crew after each pickup.

The Village of Niles (1000 Civic Center Drive, Oakton/Waukegan) will sell the stickers for \$1.00 per sticker.

The following Niles stores will provide the stickers for a comparable cost:

Dominick's,  
8900 Greenwood  
Dominick's  
7801 Waukegan  
Franks Lawn Mower Sales  
8113 North Milwaukee  
Human Services Department  
999 Civic Center Drive  
Jewel Food Stores  
8730 Dempster  
Jewel Food Stores  
8201 Golf Road  
Jewel Food Stores  
7900 Milwaukee  
Jewel Food Stores  
5667 Touhy Avenue  
Milwaukee/Ballard Currency  
9107 Milwaukee  
Minelli Brothers  
7780 Milwaukee  
Rama Ace Hardware  
7457 Milwaukee



## WOOD CHIPS ARE AVAILABLE

The Village provides wood chips to residents **free of charge**. Wood chips can be used around trees and bushes, or as decoratives around a yard.

The wood chips are available from the Public Services Dept. 6849 Touhy Avenue, or call 588-7900 for further information.

## VEHICLE STICKER CONTEST WINNER ANNOUNCED

Congratulations to Miss Kerri Aitken for winning the Centennial Vehicle Sticker Design Contest.

The design was based on its creativity, presentation, and neatness in response to the Village's Centennial Celebration. Miss Aitken, a sixth grade student at Nelson School will have her design featured as the 1999-2000 vehicle sticker and will be honored at the April 27, 1999 Board Meeting by the Mayor and Board of Trustees.

In May 1999, a vehicle sticker application will be mailed to all residents and business owners who have a registered vehicle. Vehicle sticker sales will commence June 1 at the rate of \$15.00 per sticker, \$5.00 for senior citizens.

Stickers will be sold at the Administration Building, 1000 Civic Center Drive between the hours of 8:30 a.m. to 5:00 p.m., Monday through Friday, and Saturday, 6/5 and 6/12, 8:30 a.m. to 12:00 p.m.



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## TESTIMONIALS FROM MEMBERS OF THE NILES FAMILY FITNESS CENTER

“ I’ve exercised all my life. I like it here because I get the right training I need and my old limbs are feeling much better. The help here is wonderful... they are always there to help.”

Gloria J. Keitsch

“ I sure enjoy the Niles Fitness Center. In 1992 I had a hip replacement and I never did exercise. I just joined the center and I am beginning to exercise regularly. I am enjoying it and the people are very friendly.”

Shirley Lindberg

“My whole family joined.. me, my husband, two children, mom, dad, and sister. I have been rehabbing an injury to my leg and I couldn’t have done it without Fred. His expertise is tremendous. My husband was a member at another club, but it was quite a bit more expensive so he joined here instead. Also, Anne is a superb instructor in the aquasize class.”

Caryn McGuinn

“We come three times a week at varying times and have never had problems with getting on machines. I use the fitness bikes, rowing machine, free weights, rotary torso machine, and the elliptical machines are easy on the knees. We started off with an assessment with Fred and love the center. My husband uses the free weights, strength equipment, bikes and treadmills. I like the swimming pool especially the water slide and the facility is very clean.”

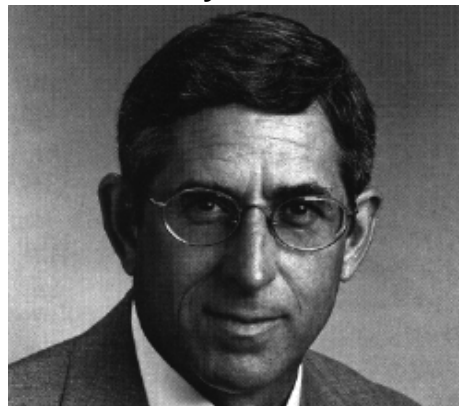
Mary Jane and Andy Kiely

“I have congestive heart failure. I had an assessment with Fred and my husband and I have a regular workout program. Today I spent 15 minutes on the treadmill, 30 minutes on the Nu-Step, and 10 minutes on the Airdyne. Joining the center is the best thing I ever did and I love all the attention.”

Nancy Jajkowski



## ~ STAFF PROFILE ~ Meet Fred Caito, Fitness Coordinator Niles Family Fitness Center



Fred Caito is the Fitness Coordinator for the Niles Family Fitness Center. Fred was on the staff of the Chicago Bears since 1967 and served as the Head Trainer for the team from 1973 to 1996. Fred has a Master’s Degree from Northwestern University and is a member of the American College of Sports Medicine. Fred observes that “Members appreciate the fact that certified fitness trainers are always walking the floor giving information to members who are working out. Trainers have information for members about general goals or general use of the equipment or can help members with a specific goal or body part.” Fred also emphasizes the importance of the fitness assessment program. Fitness assessments are included in the membership fee and have three goals. First, to find out about any pre-existing conditions that the member might have such as a heart condition or an injury to a joint or muscle. Secondly, the training goals of the individual and finally, and the evaluation of any past training habits that the individual may have established.

“I’m very pleased with the fitness operation and we have had very good feedback from members regarding both staff and equipment,” comments Fred.

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**STOP BY THE  
FITNESS CENTER TODAY  
Call toll-free for more  
information:  
877-ILLBFIT  
(877-455-2348)**

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## FUN FOR THE ENTIRE FAMILY NILES FAMILY FITNESS CENTER

Due to popular demand, the Niles Family Fitness Center Playroom has expanded it's hours and ages. The Playroom is now open:

Monday – Friday  
8:00 a.m. – 12:00 p.m. and  
4:30 p.m. – 8:00 p.m.  
Saturday 9:00 a.m. – 5:00 p.m.  
Sunday 12:00 p.m. – 5:00 p.m.

The playroom is now open to children ages 1 and over. Reservations must be made in advance for children under 2 years of age.



Check out the Niles Fitness Center gym. Enjoy basketball, volleyball, soccer, and more!



## RECYCLE ~ RECYCLE RECYCLE



Niles residents with Village garbage service are eligible and encouraged to participate in the Village's Curbside Recycling program. Recycle bins are provided to the residents (one per household) at no charge. Additional recycle bins are available for purchase at the Niles Administration Building, 1000 Civic Center Drive, at the southeast corner of Oakton and Waukegan Roads.

The following types of materials may be recycled:

- ✓ *Glass bottles* – Clear, green and brown.
- ✓ *Metal cans* – Tin, aluminum, steel and bi-metal.
- ✓ *Plastic containers* - #1 PETE, #2HPDE, and #4 LDPE.
- ✓ *Paper products* – Catalogs, junk mail, phone books, magazines, newspapers, and corrugated cardboard.

Material to be recycled should be clean and free from debris. Be sure to rinse out and remove labels from bottles, cans and containers that are to be recycled. Please tie newspapers with a string or place them in a brown paper bag.

Please call the Village at 588-8000 if you have any questions or would like more information on recycling programs.

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Capture the history of our community and purchase the Niles Centennial History Book.

Stop by the Administration Building Monday through Friday, 8:30 a.m. to 5:00 p.m.

~ \$15.00 per book ~



## SEVERE WEATHER PREPAREDNESS WEEK

The Illinois Emergency Management Agency observed the week of March 1-7, 1999 as "Severe Weather Preparedness Week" through-out the state. The need for the entire community to practice safe tornado drills is of the utmost importance throughout the entire season.

The Niles Fire Department advises residents to listen to a weather station on the radio for the latest weather forecasts. The National Weather Service broadcasts information, including watches, warnings, and advisories, 24 hours a day. Weather radio transmitters have a range of about 40 miles. Radio transmitters that cover the Chicagoland area (including Niles) is station KWO.39, Frequency 162.550 MHz.

### ~ TORNADOES ~

- **Tornado Watch:** Tornadoes are possible. Watch the sky and listen to radio/television for more information. Be prepared to take shelter.
- **Tornado Warning:** A tornado has been sighted or indicated by weather radar. Take shelter, turn on a battery-operated radio or television, and wait for the "all clear" announcement by authorities.

**BEFORE:** Determine the best location in your home and office to seek shelter when threatened by a tornado. A basement or cellar will usually afford the best protection. Or, identify an interior room or hallway on the lowest floor.

**DURING:** Go to your predetermined shelter. Stay away from windows, doors, and outside walls. Go to the center of the room.

- Get under a piece of sturdy furniture such as a workbench or heavy table and hold onto it.
- Use sofa cushions to protect head and neck.
- At work, avoid places with wide-span roofs such as cafeterias, gymnasiums, or hallways.

**IN A VEHICLE:** Never try to outrun a tornado in a vehicle.

- Get out of the vehicle immediately and try to take shelter in a nearby building.
- If there isn't time to get indoors, get out of the vehicle and lie in a ditch, or low-lying area away from the vehicle.

### **AFTER**

- Monitor the radio/ television for instructions.
- Check for injured victims.
- Use the telephone only for emergency calls.
- Take photos or videotape the damage

### VILLAGE OF NILES

"Where People Count"

#### MAYOR

Nicholas B. Blase

#### TRUSTEES

Tom Bondi

Robert M. Callero

James Mahoney

Bart T. Murphy

Louella Preston

Andrew Przybylo

#### CLERK

Kathy Harbison

#### MANAGER

Abe Selman

**For Village information:**

(847) 588-8000

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### Village of Niles

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Niles, Illinois 60714

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