

Naturally Active



Niles Senior Center
999 Civic Center Drive 847-588-8420

www.vniles.com

MEMBER EARLY REGISTRATION

In order to ensure a fair and equitable registration opportunity for all Senior Center members; fill out the registration form in this book and return it to the Senior Center by the date below. Forms can be mailed-in or dropped off at the Senior Center.

Early Registration Forms Due By: Fri., 1/8
Open/Walk-In Registration Begins: Wed., 1/13

AARP Tax-Aide Program Begins February 3 - April 15

Qualified seniors may call tax hotline 847-588-8440 beginning Tuesday, January 26.

Tax assistance is FREE but an appointment is required. We will not be able to accommodate walk-ins.

Hot Dog Lunch to Benefit... 12:00 - 1:00pm

\$2.00 will get you a delicious Hot Dog, Chips, Dessert, and a great feeling of knowing that the profits from your purchase will go to help a local charitable organization! There will be a 50/50 Raffle as well!

Monday, January 4 - Niles Lion's Club

Monday, February 1 - WINGS

Get them while they're HOT!
While supplies last.

8th annual rummage sale

Saturday, April 24 ~ 9:00am - 1:00pm

If you are interested in reserving a table to sell the many treasures in your home that you no longer use, please call Jaymi at 847-588-8420 as soon as possible. A \$5.00 donation per table is required when reserving your table. All donations go to the Niles Food Pantry. Space is limited! Table reservations are on a first come, first serve basis. Open to the public!

Valentines for Vets

Tuesday, January 26 ~ 1:30 - 3:00pm
FREE with advanced registration

You can make a difference to retired service men and women this Valentines Day. Simply create a card to let our veterans know they are not forgotten. Supplies will be provided, and we will make sure that they are shipped to our Vets right here in Illinois.

Important:

**WATCH FOR CHANGES TO
YOUR NEWSLETTER**

New format
Bimonthly Mailing
Easier to Read
Two Separate Calenders

NOTE: *This Newsletter includes the January calendar & you can pick-up the February calendar at the Front Desk.*

Rules of the Road

Take a refresher course before you take your test.

Mondays, 1:00 - 3:00pm, room 229

January 4 (#4657)

July 12 (#4659)

April 5 (#4658)

October 4 (4660)

B-I-N-G-O

...and BINGO was his name-o! Join us for a fun, rabble-raising afternoon of Bingo! There will be light refreshments and prizes. *You MUST register by Monday, Feb 1st.*

Thursday, February 4, 1:00-3:00pm, room 127 (#4743)

Book Discussion

The group will be facilitated by Pam Samorez.

The featured book will be selected at the previous meeting. *Please register at the front desk, and pick up the book.*

1:30 - 2:30pm, room 208

Tuesday, February 16 (#4878)

Tuesday, March 16 (#4877)

Getting Organized for Spring

It's time to dust off some of that clutter that's been hanging around the house and either file it or toss it. Effective home organization also does not need to be costly. There are many simple techniques you can use to organize your home without having to purchase expensive accessories. Join Nancy Katz for this informative and educational seminar. Light refreshments will be served.

Monday, March 1, 1:00-2:00pm, room 131 (#4732)

How to Use Your Cell Phone

Verizon Wireless is back! This is a strictly educational program. The workshop will cover:

- Why should I use or even have a cell phone?
- Security
- Health
- Connection
- Phone basics
- How to turn your phone on and off, making calls, taking pictures and "text messaging"
- In case of emergency features
- Understanding pricing and billing
- Advancing Technology and YOU!
- And much much more!

Thurs, March 4, 1:30-3:00pm, room 127 (#4742)

Crochet Away with Lucille

Learn how to crochet.

Wednesdays, January 13 - February 24

10:30-11:30am, room 226, \$25.00 (#4920)

Quilting - Appliqued Pillow

Learn how to plan-out a quilting project as you create a beautiful appliqued pillow. Cost includes instruction & pattern. You purchase chosen fabrics.

Fridays, February 19 - March 12

9:30-11:00am, room 131, \$25.00 (#4824)

AARP Drivers Course

The AARP Driver Safety Program is the nation's first and largest refresher course for drivers age 50 and older that has helped millions of drivers remain safe on today's roads. Get an insurance discount.

NOTE: This is an 8 hour class spread over 2 days. You **MUST** attend both classes to receive your certification.

Pre-registration is required, and payment is due the first day of class. Cost is \$12 for AARP Members & \$14 for Non-Members paid to the instructor by CHECK ONLY on the 1st day of class.

Fridays, March 5 & 12,

12:00-4:00pm, room 131 (#4886)

More information, please call Kathlyn.

Beginner's Sudoku

Sudoku is a logic-based number-placement puzzle.

Om Johari will teach you how to solve these puzzles which do not require any knowledge of math or skill – just the ability to recognize the symbols 1 – 9.

Thursday, March 18

2:00-3:30pm, room 131, \$2.00 (#4883)

Pre Introduction to Computers

This class is for people who have never used a computer. Learn the basics. Upon completion, move to the next level, Introduction to Computers.

Tuesdays & Thursdays, March 23 - April 1

9:00-10:30am, room 228, \$25.00 (#4890)

Advanced Sudoku

Learn advanced solving strategies.

Thursday, March 25

2:00-3:30pm, room 131, \$2.00 (#4885)

Movies

PLEASE NOTE

All movies are shown in room 127 on our large screen. Assistive Hearing Devices are available, just ask a staff member.

Lite Lunch & Movie

12:00-3:00pm ~ \$5.00 each

Julie & Julia ~ Friday, February 5 (#4793)

Julia Child and Julie Powell - both of whom wrote memoirs - find their lives intertwined. Though separated by time and space, both women are at loose ends... until they discover that with the right combination of passion, fearlessness and butter, anything is possible. IMDB (PG13) Lunch is Mostaccioli & Meatballs, Garlic Bread, and Dessert.

The Time Travelers Wife ~ Fri, March 5 (#4794)

Clare has been in love with Henry her entire life. She believes they are destined to be together, even though she never knows when they will be separated: Henry is a time traveler--cursed with a rare genetic anomaly that causes him to live his life on a shifting timeline, skipping back and forth through the years with no control. Despite the fact that Henry's travels force them apart with no warning, and never knowing when they will be reunited, Clare desperately tries to build a life with her one true love. Videoeta.com (PG13) Lunch is an Italian Beef Sandwich, Potato Salad, and Dessert.

Classic Movie Thursday

FREE with advanced registration

The Picture of Dorian Gray

Thursday, February 11, 1:30-3:30pm (#4744)

A corrupt young man somehow keeps his youthful beauty, but a special painting gradually reveals his inner ugliness to all.
(NR 1945) 110 min

continued...

Hello, Dolly!

Thursday, March 11, 1:00-3:30pm (#4745)

Film adaptation of the beloved Broadway musical. The story revolves around Dolly Levi, a New York-based matchmaker who merrily arranges things... like furniture and daffodils and lives. A widow, she has found herself in love with a "half-a-millionaire" Yonkers merchant named Horace Vandergelder. So she proceeds to weave a web of romantic complications involving him, his two clerks, a pretty milliner and her assistant. Eventually, of course, all is sorted out, and everyone ends up with the right person. (G - 1969) 148 min

Dinner and a Movie

5:00-8:30pm ~ \$2.00 each

Dinner will be a Hot Dog, Chips, and Dessert.

State of Play ~ Tuesday, February 23 (#4803)

Starring Russell Crowe, Ben Affleck and Rachel McAdams. A petty thief is gunned down in an alley and a Congressman's assistant falls in front of a subway - two seemingly unrelated deaths. But not to wisecracking, brash newspaper reporter Cal McCaffrey who spies a conspiracy waiting to be uncovered. With a turbulent past connected to the Congressman and the aid of ambitious young rookie writer Della Frye, Cal begins uprooting clues that lead him to a corporate cover-up full of insiders, informants, and assassins. But as he draws closer to the truth, the relentless journalist must decide if it's worth risking his life and selling his soul to get the ultimate story. (PG13)

Love Happens ~ Tuesday, March 23 (#4804)

Aaron Eckhart and Jennifer Aniston star in the romantic drama Love Happens. When a self-help author arrives in Seattle to teach a sold-out seminar, he unexpectedly meets the one person who might finally be able to help him help himself. Eloise Chandler has sworn off men and decided to focus on her floral business. However, when she meets Burke at the hotel where he's speaking, there is an instant attraction. But will two people who have met the right person at exactly the wrong time be able to give love another chance? As each struggles with the hurt of love and loss, they realize that in order to move forward, they need to let go of the past. And if they can, they'll find that, sometimes, love happens when you least expect it. (PG13)

Humanities Series

Happy 200th Birthday Frederic Chopin!

Join us as we celebrate Frederic Chopin's 200th birthday right here in the NSC. Music Historian Jim Kendros will be on hand to discuss the life and times of Chopin and play for you some of Chopin's most brilliant work. Light refreshments will be served.

Wednesday, February 3

1:30-2:45pm, room 131, \$5.50 (#4875)

Annie Leibovitz: Life Through a Lens

This documentary takes an in-depth look at the influential career of iconic photographer Annie Leibovitz, from her earliest artistic efforts to her storied tenure at Rolling Stone and Vanity Fair magazines and beyond. Intimately filmed by Annie's sister Barbara Leibovitz, the program features interviews with the artist as she works at home, along with telling insights from many of the celebrities she has photographed, such as Mick Jagger. (NR 2008) 83 min

Wednesday, February 17

1:30-2:45pm, room 127, FREE with registration (#4898)

The Chocolate Factory that Built a Town

Milton Hershey was the rarest of men—both a dreamer and a builder. After numerous business failures, he had the genius to develop his chocolate business in the right place at the right time. Hershey was called the “Henry Ford” of chocolate because he found ways to mass produce a quality chocolate bar that everyone could afford. His personal convictions about the quality of life in the town he founded have made the company and school a living legacy. Join Donna Horwitz for this special slide program certain to thrill. There will be samples of Milton's namesake.

Wednesday, February 24

1:30-2:30pm, room 131, \$5.50 (#4894)

Meet The Bachmans

Johann Sebastian Bach came from a long line of composers, and maintained this legacy through several of his sons, who followed in his footsteps to become fine, and even excellent composers. While none of them equaled their father's masterpieces, two of them, Carl Philipp Emanuel and Wilhelm Friedemann, became well-known for their works. In this reenactment, join Jim Kendros as he becomes the sons of Bach. Hear their music – in their own words.

Wednesday, March 10

1:30-2:45pm, room 131, \$5.50 (#4876)

Absolutely Irish

Three generations of musicians converge on New York City's Irish Arts Center for a blarney-filled evening of Irish music, from the most beloved of old jigs to rockin' contemporary takes on traditional favorites. The talent includes whistle player Joanie Madden; fiddlers Liz Carroll, Eileen Ivers and Athena Tergis; flute and banjo player Seamus Egan; guitarist John Doyle; singers Karan Casey, Robbie O'Connell and Susan McKeown; and many more. Light refreshments will be served. Video (NR)

Wednesday, March 17

1:30-2:45pm, room 127, \$1.00 (#4895)

Biography -

Robert Redford: Hollywood Outlaw

Robert Redford has dazzled movie audiences for nearly 40 years, but who's the man behind the Greek-god looks? This intimate portrait explores Redford's early years of rebellion; the woman who turned his life around; the passion for set design that led him to acting; his roles in such classics as *Butch Cassidy and the Sundance Kid* and *The Sting*; and his fierce determination to keep his private life private.

(NR 1999) 100 min

Wednesday, March 24

1:30-3:00pm, room 127, FREE with registration (#4896)

Civic Cinema - Encounter Point

Just when the world is losing hope about the possibility of resolving the Palestinian-Israeli conflict comes ENCOUNTER POINT. Created by a Palestinian, Israeli, North and South American team, ENCOUNTER POINT moves beyond sensational and dogmatic imagery to tell the story of an Israeli settler, a Palestinian ex-prisoner, a bereaved Israeli mother and a wounded Palestinian bereaved brother who risk their safety and public standing to press for an end to the conflict. They are at the vanguard of a movement to push Palestinian and Israeli societies to a tipping point, forging a new consensus for nonviolence and peace. Perhaps years from now, their actions will be recognized as a catalyst for constructive change in the region. ENCOUNTER POINT is a film about hope, true courage and implicitly about the silence of journalists and politicians who pay little attention to vital grassroots peace efforts. (NR 2006) 85 min

Wednesday, March 31

1:30-3:00pm, room 127, FREE with registration (#4897)

Luncheons/Evenings

LUNCHEON INFORMATION

Advanced registration is required.

Valentine's Day Celebration

Come make sweet Valentine's Day memories with your friends! Join us for an afternoon of tasty food, sweets and entertainment. Alex Babiy will thrill us with his smooth vocals and extraordinary piano playing.

Tuesday, February 9

11:30am-2:00pm, room 127, \$11.00 (#4923)

All Shook Up

We start with BBQ Chicken, Salad, Mashed Potatoes, and Dessert. Then get ready to be *All Shook Up* by Elvis as he performs all his famous hits. Viva Las Senior Center!!

Thursday, February 25

11:30am-1:30pm, room 127, \$8.00 (#4924)

An Evening with Nicko!!

Join us for a fun, energizing, fast-paced evening with Nicko Naidenov!! This singer/keyboardist has been all over wowing audiences with his international flair, fabulous music and wonderful singing. Dance, sing or just sit back and enjoy this wonderful evening. Before the show we will enjoy a dinner of Breaded Chicken Breast, Green Bean Almandine, Mashed Potatoes with Dill, and Cake.

Tuesday, March 9

4:30-6:30pm, room 127, \$10.00 (#4874)

St Joes/St Pats Celebration

presented by the Men's Club

It's Corned Beef and Cabbage time! Join the Niles Senior Men's Club at this feel-good event. This year's luncheon features Corned Beef, Cabbage, Carrots, and Rolls. For dessert - everyone's favorite Spumoni Ice Cream. Our entertainment will feature the always fabulous Banjo Buddy Trio.

Friday, March 19

11:30am-2:30pm, room 127, \$13.00 (#4922)

Arabian Nights

Enjoy the exotic tastes, sights, and sounds of the Middle East at our Arabian Nights luncheon. Enjoy a fabulous lunch including a falafel, Jerusalem Salad, Tabouleh Salad, Hummus, Pita Bread, Stuffed Grape Leaves, Baba Ghannoug, Hot and Tahini Sauce, and dessert. After lunch we will be intrigued by the international belly dancer – Alexandria for a ½ hour of classic Egyptian belly dance.

Wednesday, April 14

12:00-1:30pm, room 127, \$10.00 (#4925)

Clubs

Men's Club Meetings

Cost: \$4.00, advance registration or
\$5.00, day of meeting

Monday, February 8, 10:30am-2:00pm
Lunch features Soup and a Sandwich. (#4677)

Monday, March 15, 10:30am-2:00pm
Lunch features a Chicken Sandwich. (#4678)

Lunch with the Red Hatters

Houlihans

The Red Hatters have reservations at Houlihans, 550 W. Touhy, Park Ridge (847 692-6205) on Friday, February 12th at 12:00 noon. Join us for a meal featuring your choice of ½ Southwest Chicken Wrap, ½ Farmhouse Club or ½ Tillamook Deli Beef Sandwich (all served with your choice of House Chop Salad, Caesar Salad, Tuscan Salad, a bowl of Baked Potato Soup or Chicken Tortilla Soup,) Coffee or Tea and Dessert. Red hat and purple outfit required. Call for directions/carpool information.

Cost: \$17.75 (#4733)

Women's Club Meetings

Cost: \$5.00, advance registration required

Monday, February 22, 11:30am-2:00pm
Lunch features an Italian Beef Sandwich, Chips, and a Cupcake. Following lunch enjoy a Belly Dancing Demonstration. (#4734)

Monday, March 22, 11:30am-2:00pm
Lunch features a Corned Beef Sandwich on Rye Bread, Coleslaw, and Apple Slice. Following lunch enjoy Nowstalgia entertainment by Brian Fowler. (#4735)

Day Excursions

TRIP PARKING

As a courtesy on trip days, if you are going on the trip, please save the closer spaces for individuals attending classes/activities throughout the day.

Over the Tavern

at
Pheasant Run, St Charles

It's 1959 in Buffalo, New York – Elvis, drive-ins, and The Honeymooners made life fun and simple. Not for the Pazinski household though! Polish-Catholics Chet and Ellen live above their tavern with their four teenagers, each questioning family values in their own mischievous ways. And when wise-cracking 12-year-old Rudy questions the Roman Catholic Church to ruler-cracking Sister Clarissa before his confirmation, the outcome is a hilarious yet touching comedy that would even make the Cleavers at a loss for good advice! Lunch will include a Garden Salad, Roasted Sirloin with Bordelaise Sauce topped with Sautéed Mushrooms accompanied with Pan Roasted Salmon nestled on a Tuft of Spinach sauced with Dill Crème and an Ice Cream Sundae for dessert.

Thursday, March 4,
10:30am-5:00pm, \$57.00 (#4921)

Grecian Getaway

Our tour guide joins us downtown where we start at the Hellenic Museum where Greek culture and art are documented and a docent-led tour will explain the current exhibit. We will enjoy a delicious Grecian feast at the Parthenon in Greektown. Feast on Bread, Salad, Saganaki, a combination plate of Greek Specialties, Dessert and Coffee. Learn why politics and not culinary skills resulted in Greeks becoming famous chefs, and what the Chicago Cubs, "Cheeseburgers," and a cantankerous goat have to do with a famous restaurateur. After lunch, you will have time to explore Greektown's specialty shops and bakeries. We will also visit Assumption Greek Orthodox Church and see the spectacular paintings and icons that have been restored to their original beauty.

Thursday, April 15
9:00am-3:00pm, \$63.00 (#4963)

Laughter Classes

Mondays, 10:45-11:30am
\$1.50 per class

February 8 (#4830)
February 22 (#4831)

March 8 (#4832)
March 22 (#4833)

Hearing Impaired Phones

Just a reminder that there is a State of Illinois program for free amplified phones plus a new service called Captel which is a regular phone that displays every word the caller says throughout the conversation. The Niles Senior Center has applications for this program which require only a signature by either a licensed physician or a licensed audiologist and a copy of your current phone bill. If you have any questions please contact Trudi Davis at 847 588-8441.

Meditation Classes

Mondays, 11:30am-1:00pm
\$1.50 per class

February 8 (#4852)
February 22 (#4853)

March 8 (#4854)
March 22 (#4855)

Effective Communication Group

Meets the last Thursday of each month at 10:00am on the third floor.

This is a monthly group for people with hearing loss to address their concerns. In addition to resources on assisted devices, the group discusses a variety of issues affecting people with hearing loss, such as:

- encouraging people to communicate more effectively
- handling the frustration of not being able to be in a group like before
- sharing catalogs of assisted devices that can help modify an apartment or house for someone with hearing loss
- what is needed to obtain a good hearing evaluation
- helping a spouse to stop talking from another room

Aside from the issues just mentioned, another function of the group is a supportive one. We offer a place to share the frustrations of having a hearing loss, knowing that others in the group often experience the same thing.

If you have any questions please contact Trudi Davis at 847 588-5441.

Shingles Clinic

Registration required, please sign up with Sue by Wednesday, January 20th. Medicare D card required to determine cost of shot.

Tuesday, January 26, 9:00am-12:00pm

January 2010

Monday

Tuesday

Wednesday

Thursday

Friday

				CLOSED New Years Day	1				
9:00 AFE Level IV 10:30 AFE Level I 12:00 Hot Dog Lunch to Benefit The Niles Lions Club 1:00 Rules of the Road	4	10:00 Choral Group 12:00 Social Bridge 1:00 Line Dance	5	10:00 AFE Level II 10:30 Kitchen Band 1:00 Social Pinochle 1:30 Mozart's Violin	6	9:00 All American 12:00 Lunch with the Red Hatters, "Zingarella" 1:00 Carving Center 1:00 Drop-In Ceramics 1:00 Weight Management 2:15 Chair Dancing	7	9:00 Art Drop-In 9:00 AFE Level III 9:30 Bowling @ Brunswick 10:00 Tai Chi Demo 10:00 Niles Free Bus 10:00 Social Scrabble 12:00 Lite Lunch & Movie - "Grey Gardens" 1:00 Open Computer Lab	8
9:00 AFE Level IV 10:45 Laughter! 10:30 AFE Level I 11:30 Meditation	11	10:00 Choral Group 12:00 Social Bridge 1:00 Line Dance 5:00 Dinner & a Movie - "Public Enemies"	12	10:00 AFE Level II 10:30 Crochet Away with Lucille 1:00 Social Pinochle 1:30 Civic Cinema: Who Killed the Electric Car? 2:00 Computer Interest Group	13	9:00 All American 10:00 Newcomers 1:00 Carving Center 1:00 Drop-In Ceramics 1:00 Managing Diabetes 1:00 WWII Vets Group 1:30 Classic Movie - "The Mikado" 2:15 Chair Dancing	14	8:45 Int Tai Chi 9:00 Art Drop-In 9:00 AFE Level III 10:00 Beg Tai Chi 10:00 Niles Free Bus 10:00 Social Scrabble 12:00 Pinochle Tournament 1:00 Open Computer Lab 2:00 Fireside Chat with FDR	15
9:00 AFE Level IV 10:30 Men's Club Meeting 10:30 AFE Level I	18	9:45 VIM Meeting 10:00 Choral Group 12:00 Social Bridge 12:00 Women's Club Planning Meeting 1:00 Line Dance 1:00 Social Bunco	19	10:00 AFE Level II 10:30 Kitchen Band 10:30 Crochet Away with Lucille 10:30 Funny Girl at Drury Lane Trip 1:00 Social Pinochle	20	9:00 All American 10:00 Newcomers 1:00 Carving Center 1:00 Drop-In Ceramics 1:00 Cancer Support 1:30 Wii Bowling Tournament 2:15 Chair Dancing	21	8:45 Int Tai Chi 9:00 Art Drop-In 9:00 AFE Level III 9:30 Bowling @ Brunswick 10:00 Beg Tai Chi 10:00 Niles Free Bus 10:00 Social Scrabble 1:00 Open Computer Lab 1:30 An Afternoon at the Casino	22
9:00 AFE Level IV 10:45 Laughter! 10:30 AFE Level I 11:30 Meditation 11:30 Women's Club Meeting	25	9:00 Shingles Clinic 10:00 Choral Group 12:00 Social Bridge 1:00 Line Dance 1:30 Valentines for Vets	26	10:00 AFE Level II 10:30 Crochet Away with Lucille 1:00 Social Pinochle 1:30 Biography: Betty Boop 1:30 Book Discussion 2:00 Computer Interest Group	27	9:00 All American 10:00 Effective Communication 1:00 Carving Center 1:00 Drop-In Ceramics 1:00 Managing Arthritis 1:30 Kennedy Double Feature - "American Experience: The Kennedy's" 2:15 Chair Dancing 3:30 Kennedy Double Feature - "The Kennedy Mystique: Creating Camelot"	28	8:45 Int Tai Chi 9:00 Art Drop-In 9:00 AFE Level III 10:00 Beg Tai Chi 10:00 Niles Free Bus 10:00 Social Scrabble 12:00 Poker Tournament 1:00 Open Computer Lab	29

Tournaments

Pinochle

12:00-4:00pm, room 131, \$5.00

Participate in a 3-handed tournament. Lunch will be served. Refreshments and prizes are included.

Friday, February 12 (#4771)

Friday, March 12 (#4772)

Wii Bowling

1:30-3:30pm, lobby, \$2.00

Be a part of the NEW craze at the Niles Senior Center! Refreshments will be served, prizes will be awarded. Remember, you can play Wii at anytime while the center is open. Space is limited, so sign up today.

Thursday, February 18 (#4784)

Thursday, March 18 (#4785)

Poker

12:00-3:00pm, room 131, \$5.00

Play 7-Card Stud and 5-Card Draw. Lunch will be served. Refreshments and prizes are included.

Friday, February 26 (#4758)

Friday, March 26 (#4759)

Special Activities

Bowling @ Brunswick for Fun

Fridays, 9:30am-12:00pm, \$6.00

Guys, Gals! Join us at the Brunswick Zone in Niles for a few games of bowling and fun! It's all in the name of fun, so if you don't know how to bowl – fear not! Cost will include 2 games of bowling, shoes, and a snack. *Just for Fun! This is not a League. meet at Brunswick Zone in Niles - 7333 N Milwaukee Ave. Please register at least 2 days in advance.*

Friday, February 12 (#4683)

Friday, February 26 (#4686)

Friday, March 12 (#4942)

Friday, March 26 (#4941)

Friday, April 9 (#4940)

Friday, April 23 (#4943)

Elder Law and Estate Planning

Did you know the top 10 documents and financial tools you need for estate planning?? Are you aware of how to use elder law? Join Bill Haase and attorney Sandra Blanco in this educational seminar designed to help us understand elder law, how to use Medicare/Medicaid, how to structure portfolios to meet goals, commitments and dreams, how to take advantage of the tax law to transfer wealth tax free, and the top ten documents for estate planning. There will be time for questions. Please feel free to bring your family to this informative seminar.

Wednesday, February 10 (#4964)

1:30-2:30pm, FREE, with registration

Registration Form: January/February 2010

Registrant Name(s): _____ Phone: _____

course name & number	cost	1st name
B-I-N-G-O #4743	FREE	
Book Discussion 2/16 #4878	FREE	
Book Discussion 3/16 #4877	FREE	
Getting Organized for Spring #4732	FREE	
How to Use Your Cell Phone #4742	FREE	
Crochet Away with Lucille #4920	\$25.00	
Quilting - Appliqued Pillow #4824	\$25.00	
Beginner's Sudoku #4883	\$2.00	
Pre Introduction to Computers #4890	\$25.00	
Advanced Sudoku #4885	\$2.00	
Lite Lunch & Movie - "Julie & Julia" #4793	\$5.00	
Lite Lunch & Movie - "The Time Travelers Wife" #4794	\$5.00	
Classic Movie Thursdays - "The Picture of Dorian Gray" #4744	FREE	
Classic Movie Thursdays - "Hello, Dolly!" #4745	FREE	
Dinner & a Movie - "State of Play" #4803	\$2.00	
Dinner & a Movie - "Love Happens" #4804	\$2.00	
Happy 200th Birthday Frederic Chopin! #4875	\$5.50	
Annie Leibovitz: Life Through A Lens #4898	FREE	
The Chocolate Factory that Built a Town #4894	\$5.50	
Meet The Bachmans #4876	\$5.50	
Absolutely Irish #4895	\$1.00	
Biography - Robert Redford #4896	FREE	
Civic Cinema-Encounter Point #4897	FREE	
Valentines Day Celebration #4923	\$11.00	
All Shook Up #4924	\$8.00	
An Evening with Nicko!! #4874	\$10.00	

course name & number	cost	1st Name
St Joes/St Pats Celebration #4922	\$13.00	
Arabian Nights #4925	\$10.00	
Lunch with the Red Hatters #4733 "Houlihans" Choice: 1/2 of SW Chicken Wrap, Farmhouse Club or Tillamook Deli Beef Sandwich	\$17.75	
Over the Tavern #4921	\$57.00	
Grecian Getaway Trip #4963	\$63.00	
Laughter Class 2/8 #4830	\$1.50	
Laughter Class 2/22 #4831	\$1.50	
Laughter Class 3/8 #4832	\$1.50	
Laughter Class 3/22 #4833	\$1.50	
Meditation Class 2/8 #4852	\$1.50	
Meditation Class 2/22 #4853	\$1.50	
Meditation Class 3/8 #4854	\$1.50	
Meditation Class 3/22 #4855	\$1.50	
Pinochle Tournament 2/12 #4771	\$5.00	
Pinochle Tournament 3/12 #4772	\$5.00	
Wii Bowling Tournament 2/18 #4784	\$2.00	
Wii Bowling Tournament 3/18 #4785	\$2.00	
Poker Tournament 2/26 #4758	\$5.00	
Poker Tournament 3/26 #4759	\$5.00	
Bowling @ Brunswick 2/12 #4683	\$6.00	
Bowling @ Brunswick 2/26 #4686	\$6.00	
Bowling @ Brunswick 3/12 #4942	\$6.00	
Bowling @ Brunswick 3/26 #4941	\$6.00	
Bowling @ Brunswick 4/9 #4940	\$6.00	
Bowling @ Brunswick 4/23 #4943	\$6.00	
Elder Law & Estate Planning #4964	FREE	
TOTAL	\$	

Payment

Cash _____ Check, made payable to "Village of Niles" # _____ Discover _____ MC _____ Visa _____

Credit Card # _____ Exp _____

Authorized Signature _____ Date _____

REGISTRATION AND REFUND POLICIES

Participants must register prior to the start of classes, luncheons, movies, special events, or trips; payment is due when registering. Please advise staff if you require any special accommodations, including dietary restrictions.

Classes, special events, and trips have minimum and maximum numbers for enrollment; please register early to avoid the disappointment of a cancelled activity.

If you must cancel, check refunds will be issued ONLY if the registration fills and a replacement can be found.

All refunds will be issued after the activity is completed.

Release and Hold Harmless Agreement:

Participants should read this form carefully and be aware that in signing up and participating in this program you will be waiving and releasing all claims for injuries or damages you might personally sustain which might arise out of this program. As a participant in this program, I recognize and acknowledge that there are certain risks of physical injury associated with such participation, and I agree to assume the full risk for any injuries, damages, or loss which I may sustain as a result of participating in such program as against the Niles Senior Center, its officers, agents, servants, and employees. I do hereby fully release and discharge the Niles Senior Center and its officers, agents, servants, and employees from any and all claims from injuries, damages, or loss which I may have or which may accrue to me on account of my participation in the program.

I further agree to indemnify, hold harmless, and defend the Niles Senior Center and its officers, agents, servants, and employees from any and all claims resulting from injuries, damages, and losses sustained by me and arising out of, connected with, or in any way associated with the activities of the program. I have read and fully understand this Release and Hold Harmless agreement and any program details provided to me. It is mutually understood that the facsimile registration document (including waiver and release of all claims) shall substitute for and have the same legal effect as the original form.

IN MEMORY OF..

Janet Gilenberg, Ward Gill,
Josephine Minelli, Rosyna Salerno,
and Barbara Walsh

A memorial flower & sign are placed at the front desk when we hear a member has passed away.

WELCOME NEWCOMERS...

Nancy Fah
Sheikh & Fehmfeida Riyaz
Ross Sweeny
Dorothy Preston
Eva Kunetka
Hedwig Kuehn
Pedro Jimenez, Jr
Inessa Rayev
Elisabeth Sochn
Lenore Doughty
Mary C McHugh
William & Nina Rublev
Sil & Young Jough
Robert Herr
Kokzla & Chandrakant Patel
Philip Garman
Eleanor Strauss

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999 Civic Center Drive, Niles, Illinois 60714

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Hearing Impaired 847-588-8487

www.vniles.com

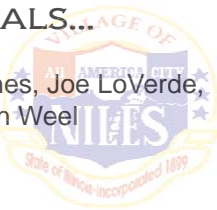
VILLAGE OF NILES OFFICIALS...

Mayor: Robert M. Callero

Trustees: Kim Biederman, James T. Hynes, Joe LoVerde,
Louella Preston, Andrew Przybylo, & Alan Weel

Village Manager: George R. Van Geem

Village Clerk: Marlene Victorine



NSC STAFF..

Director: Kelly Mickle

Administrative Assistant: Bev Kinowski

Receptionist: Jolanta Banasiak

Maintenance: Hank Betka **Nurse:** Sue Friedman

Program Coordinators: Mary Ann Borucki,
Jaymi Blickhahn, & Kathlyn Williams

Senior Construction Advocate: Ginger Troiani

Social Workers: Bev Wessels, Trudi Davis, & Ewa Nevler



SPECIAL SERVICES

Ezine - Send us your email address for special updates from the NSC!

Gift Certificates - Available from the NSC.

Handicapped Placards - Temporary and Permanent placard forms are available.

Lending Library - Books and Movies!

Medical Lending Closet - Walkers, Canes, or Wheelchairs available for short term use to Niles residents.

RTA Pass - Seniors ride Free permits can be applied for at the NSC. \$2.00 processing fee.

Showcase - Handmade items for sale to public. All proceeds are returned to individual crafters.

SHIP Appointments (Senior Health Insurance Program) - Call for appointment.

Will Appointments - Call for appointment.

Social Workers - by appointment only, call Bev Wessels at 847-588-8420.

Taxi Discount - Show your NSC membership card when you use Niles Flash Cab, 847-647-8777, receive a 25% discount on your fare.

Yard Waste Stickers- available, \$2.00 each.

INCLEMENT WEATHER POLICY

The Niles Senior Center will have a delayed opening on the days that Culver School is closed due to inclement weather or **when travel is hazardous**. The parking lot will be closed and roped off until it has been cleared of all snow. Senior Center programs will be cancelled on a case by case basis; registrants will be notified.